

Mental Health Awareness

PROSPECTUS

At Dental Training Ltd we aim to provide a comprehensive course delivered in a dynamic and motivational manner.

This course is open to all members of the Dental Team.

Available as an online course and in-house course

Aim:

This course aims to make people aware of mental health and to understand how to help people that have or may have mental health problems

Objectives:

The course includes the following topics:

- 1.To understand what is mental health and reasons why people can develop mental health conditions.
- 2.To understand how to provide help, advice and support for a person with a mental health condition
- 3.Learn how to recognise and manage stress
- 4.Know how to recognise mental health conditions

2 hours of enhanced CPD and meets GDC Outcomes A, B, C and D

For further information please contact us on 0118 9261533 or email us at training@dentaltrainingltd.com